

Hebrews 12:1-3

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Intro:

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2 \_\_\_\_\_

A. \_\_\_\_\_

B. \_\_\_\_\_

Meditate on these words:

Turn your eyes upon Jesus,  
Look full in His wonderful face,  
And the things of earth will grow strangely dim,  
In the light of His glory and grace.

Do the things of earth grow strangely dim when you look to Jesus?

3 \_\_\_\_\_

4 \_\_\_\_\_

Passages to consider:

Phil. 3:13-14

Hebrews 10:39

Gal. 2:20

We are told Epaphras prayed for the Christians in Colossae that they would stand perfect and fully assured in all the will of God. Col 4:12. May our God in similar fashion commend these biblical truths in us! May our maturity be marked out in our faith, and worship and obedience for His great Glory!

Some questions to ponder:

When you think of the race you are in, do you ever think of the examples the writer has put in our pathway by placing them in Chapter 11 of this great letter to the Hebrews? Write out some highlights of their great faith. Do the examples they give you, prompt you to run hard in our race?

How have you eliminated extra baggage or weight from your life? What are you doing to keep that weight off? Is there someone holding you accountable in that specific area? What about any besetting sins in your life? Think about Matthew 5:29-30 – figuratively speaking how can you run the race to win without some drastic or extreme commitments?

When you fix our eyes on the prize long enough or hard enough to understand what it really means, do you think about Philippians 1:21 – “for me to live is Christ, and to die is gain?” We might read through Ez. 1:4-28 – know that this picture is designed to help us see the sovereignty, the majesty, and the glory of God and the incredible beauty and perfection of heaven. Dwell on that to help you understand the prize that awaits. Ask yourself, what can I do to make sure that I am keeping my focus and attention on the Lord and His will for my life?

In what ways do you consider or contemplate our Lord’s example?

Write out ways it can keep you from growing weary.

Write out ways it can keep you from losing heart or fainting in the race.

Remember Hebrews 10:39, *But we are not of those who shrink back to destruction, but of those who have faith to the preserving of the soul.*